# BRUNCH SERVED 7 DAYS TILL 5PM

### The Full Growler £13.95

Sausage, Bacon, Black Pudding, Tomato, Mushrooms, Baked Beans, Potato Scone, Hash Brown with choice of Toast & 2 Eggs

## The Half Growler £10.95

Sausage, Bacon, Potato Scone, Tomato, with choice of Toast & Egg

The Growler Vegan £10.95 Roasted Tomato, Mushroom, Spicy Scrambled Tofu, Hash Brown, Potato Scone & Spinach and your choice of Toast

### The Growler Vegetarian £10.95

Tomato, Mushrooms, Baked Beans, Potato Scone, Hash Brown with choice of Toast & Egg

#### French Toast £9.95

French Toast with a Side of Maple Syrup. Add Breakfast Stack - Bacon Black Pudding

Sliced Sausage, Bacon & Egg £4 Add Bacon £2 or Smoked Salmon for £3 Fresh Berries £3

Smashed Avocado & Eggs £9.95 Wholemeal Bread, Squeezed Lime, Crème Fraiché, Sliced Tomato with Cucumber & Caper Salsa

Add Bacon £2 or Smoked Salmon for £3

3 Whole Eggs/Egg Whites Omelette £8.95 With Wholemeal Bread

Add: Broccoli or Spinach or Cheese or Mushroom or Banana or Peppers | Ham or Bacon £2 each | Smoked Salmon £3

Eggs Benedict £9.95 Wholemeal Toast, Wilted Spinach & Hollandaise

Add Bacon £2 | Smoked Salmon £3 | Add Halloumi £2 | Add Square Sausage £2 | Black Pudding £2 | Add Flat Cap Mushroom £2

Eggs On Toast £8.95 Wholemeal Toast with either Poached, Fried or

Scrambled Eggs

Sweet Potato Hash £9.95 Grated Sweet Potato Patty with Kale, Poached Eggs and Hollandaise

# Halloumi & Shrooms £10.95

Pan fried Halloumi, Garlic Roasted Mushrooms, Poached Eggs & Wholemeal

Homemade Granola Bowl £5.95 Toasted Coconut, Greek Yoghurt and Fresh Wild Berries, Banana, Maple Syrup or Honey

Spicy Eggs £9.95 Chorizo, Spinach, Poached Eggs, Hollandaise Sauce, Chilli Flakes, on your choice of Sourdough or Wholemeal Bread or White Bloomer

Mexican Eggs £10.95 Tortilla, Chilli Salsa, Grilled Cheese, Avocado & Eggs Poached Fried or Scrambled

Mojorcan Eggs £10.95 Sauteed Chorizo and Potatas Bravas topped with a couple of Poached Egg

Growler Pancakes £8.95 Pancakes - Choose from Buttermilk OR Protein Breakfast Stack (Bacon Black Pudding Choice of Egg, Sausage) £4 Fresh Berries & Vanilla Chantilly Cream £3 Nutella, Choc Chips & Marshmallows £3 Choc Chips & Marshmallows £3 Southern Fried Chicken & Tabasco Maple £3 Banana & Mapled Bacon £3

# MORNING OFFERS

Served Till Noon 7 Days

Any Coffee £3.50

Any Coffee & Morning Breakfast Bagel £9

Any Coffee & Scone/Croissant/ Toast with Jam £5

Any Coffee & Traybake/ Cake/Loaf £6

We've some fantastic cakes & bakes available. Ask your server what we have available.

# SERVED TILL 5PM

# TOASTED WHOLEGRAIN BAGELS THINS £8

New York B.E.C. Crispy Ayrshire Bacon, Broken Egg & Grilled Cheese

Avo-Cuddle! Ayrshire Bacon, Sliced Tomato, Avocado & Mayo

**No Way** Sliced Sausage, Stornoway Black Pudding & Poached Egg

New Orleans Southern Fried Buttermilk Chicken, Avocado, Tomato, American Cheese

Chilli & Lime Chicken Chilli Lime Chicken, Harissa Mayo, Tomato, Avocado

Smoked Salmon & Chive Cream Cheese

## WRAPS £8

**Rooster** Chilli & Lime Chicken, Harissa Mayo, Tomato, Avocado Lettuce

**Deli Ham** with Cheese, Tomato, Lettuce & Honey Mustard Mayonnaise

Breakfast Wrap Black Pudding, Bacon & Your Choice of Egg.

Southern Fried Chicken Chipotle Mayo, Lettuce, Tomato & Cheese

Buffalo Chicken Macaroni Ranch Dip

Chicken Caesar Salad

# TOASTED GRILLED CHEESE SANDWICHES £8

on Wholemeal or Sourdough Bread

Plain Old Grilled Cheese with a side of Pickle With Tomato & Avocado With Bacon & Tomato Deli Ham & Cheese

Beef brisket & Cheddar

Hot Smoked Salmon Avocado & horseradish

# PROTEIN SHAKES £6

BIG BLUE Blueberries, Banana, Milk (or Alternative), 2 scoops of Vanilla Protein

PINK POWER Raspberries, Strawberries, Milk (or Alternative), 2 scoops of Strawberry Protein

CHEAT DAY Peanut Butter, Banana, Oats, Milk (or Alternative), Nutella, 2 scoops of Chocolate Protein

# FILLED ROLLS

Choose a fresh roll/bagel and add any of the following:

Pork Slice Sausage

- 2 Rashers of Bacon
  - 2 Tattie Scones

2 Eggs (Poached, Fried or Scrambled)

1 filling £3.50 2 Fillings £4.50 3 Fillings £5 BERRY GOOD, BERRY NICE Blueberries, Raspberries, Strawberries, Squeezed Lime, Apple Juice & Apple

SMOOTHIES £6

THE GREEN MONSTER

Celery, Avocado,

Apple & Apple Juice

ZESTY BLAST Mango, Orange, Passion Fruit, Lime & Apple Juice

ADD SOUP OR FRIES TO ANY WRAP, SANDWICH OR BAGEL FOR £3

#### ALLERGIES

Vegetarian, Vegan & Gluten Free. We can tailor most dishes to your requirements. Please ask your server for details. They may take a little longer but we'll do our best. Consuming raw meats, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Customer Satisfaction is very important to us, if you would like information regarding potential allergens within our dishes please ask staff for information. You may chose to wear a facemask. If unsure please ask your server for our policy.